

You've probably realized by now that this caregiver thing can be an uphill climb. And that it can be pretty lonely, too. That's where Jack's Caregiver Coalition comes in. It was created by guys for caregivers. We do a lot of super helpful things that aren't at all cringe worthy, we promise. So give us a try.

Visit us at [jackscaregiverco.org](http://jackscaregiverco.org) or email us at [contactus@jackscaregiverco.org](mailto:contactus@jackscaregiverco.org) and let's see how we can help.



*"Jack's gave me the sense that it can be done, you just have to learn how to do it. It was helpful to me, and I regret that I didn't reach out sooner." - Jake*

## WHO WE SERVE.

Anyone 18 and older who has cared for a loved one facing a health crisis.

This includes anyone who has lost their loved one as well as anyone who is currently experiencing a health crisis with a loved one.

Most of these health journeys are cancer-related, but all conditions are welcome.

While the purpose of our work is centered on guy caregivers (anyone identifying as a guy), we also offer a variety of co-ed opportunities.



OUR LEADERSHIP TEAM

### What Jack's Believes.

Our "hero fixes it alone" culture leads far too many caregiving men into a trap of unsustainable isolation.

### What Jack's Offers:

We're a non-profit hospitality company with no paywall for our services. Our programs are all designed to connect caregivers with others who have successfully navigated the same terrain. Some of our services are exclusively for caregivers who identify as men, while others are for caregivers of any gender.

### How We're Different:

Nearly half of all caregivers are men which is why we're surprised we're the **first and only caregiver support community focused on men**. We support active caregivers as well as those who are losing or have lost their loved one. Unlike our peers, we aren't made up of counselors, therapists, or social workers. We're just people who care about caregivers and want to help them.

### Our Impact

97% of the men who engaged with Jack's reported an average of an 80% improvement in how equipped they felt for their caregiving role.



78%

of guy caregivers  
report having no help  
from others.

97%

of guys we've served  
reported that Jack's  
contributed to their  
sense of improvement  
as a caregiver



*Take Jack's with you!*

Jack's Only is our virtual community  
**for all Jacks.**

- Get curated content on events and topics you care about.
- Stay engaged with other caregivers without feeling overwhelmed.
- Find groups and discussions based on your unique needs and interests.
- Get up-to-date information on Jack's programming.
- Network with other caregivers to find meaningful connections and support in a safe, convenient, online environment.

Shoot us an email for account access to:  
[contactus@jackscaregiverco.org](mailto:contactus@jackscaregiverco.org)



Visit [jackscaregiverco.org](http://jackscaregiverco.org)  
today and find support.

Like, share, and follow us!



**Our mission is to improve the way  
guys think, feel, and act through  
every phase of their caregiving**



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*Welcome*  
to the not so secret club  
*for caregivers*

