

Improve the way guys think, feel, and act through every phase of their caregiving journey.

What Jack's Believes

Our "hero fixes it alone" culture leads far too many caregiving men into a trap of unsustainable isolation.

What Jack's Offers

We're a non-profit hospitality company with no paywall for our services. Our programs are all designed to connect caregivers with others who have successfully navigated the same terrain. Some of our services are exclusively for caregivers who identify as men, while others are for caregivers of any gender.

How We're Different

Nearly half of all caregivers are men which is why we're surprised we're the first and only caregiver support community focused on men. We support active caregivers as well as those who are losing or have lost their loved one. Unlike our peers, we aren't made up of counselors, therapists, or social workers. We're just people who care about caregivers and want to help them.

Our Impact

97% of the men who engaged with Jack's reported an average of **80% improvement** in how equipped they felt for their caregiving role.